

# Promoting provider network alignment to improve integration in D-SNPs

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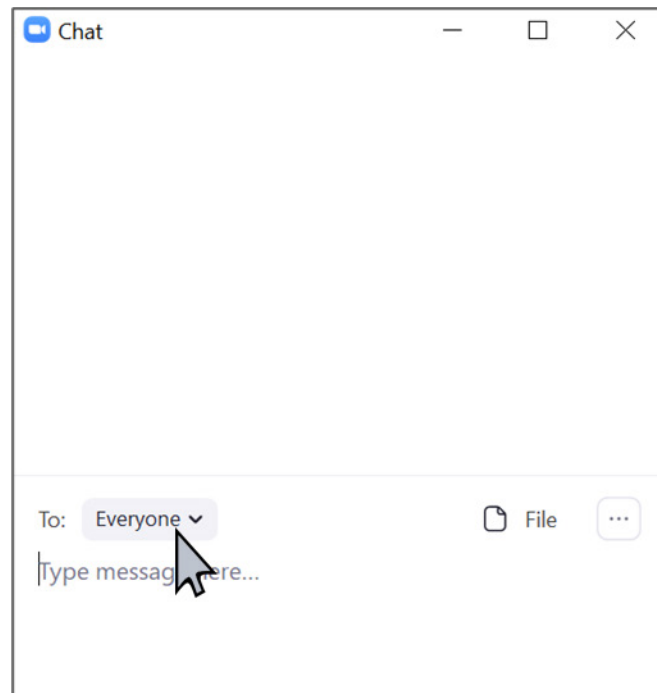
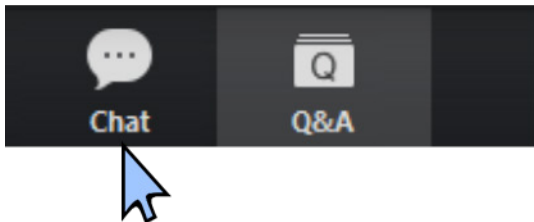
ICRC State D-SNP Contracting Call

April 16, 2026

# Logistics

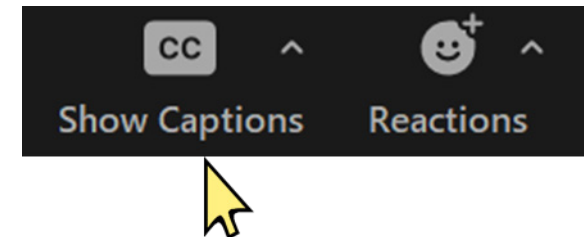
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# Agenda

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- Welcome and introductions
- Background
  - Medicare Advantage provider network alignment requirements for dual eligible special needs plans (D-SNPs)
  - Washington State: Lessons learned from implementing D-SNP provider network alignment requirements
- Discussion

# Background

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Medicare Advantage provider network alignment requirements for D-SNPs

# Medicare Advantage network adequacy requirements

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- Medicare Advantage (MA) plans, including D-SNPs, must meet network adequacy requirements established by the Centers for Medicare & Medicaid Services (CMS).
  - Per **42 CFR 422.116**, an MA plan “must demonstrate that it has an adequate contracted provider network that is sufficient to provide access to covered services in accordance with access standards.”
- CMS issues MA network adequacy standards at the county level based on Medicare population size and demographics.<sup>1</sup>
- CMS standards vary based on the percentage of Medicare individuals residing within maximum time and distance standards and by provider type.
  - At least 85% of beneficiaries in micro or rural counties, or counties with extreme access considerations have access to at least one provider/facility of each specialty type within published time and distance standards
  - At least 90% of beneficiaries in metro areas
  - If Medicare enrollees have access to telehealth providers for certain Medicare specialty services, CMS can provide a 10% credit to plans against these standards
- Beyond network adequacy requirements, all D-SNPs must list in their provider directories which Medicare providers also accept Medicaid.

<sup>1</sup>1. To learn more about Medicare network adequacy requirements, see: CMS. “Medicare Advantage and Section 1876 Cost Plan Network Adequacy Guidance.” December 2024. Available at: <https://www.cms.gov/files/document/medicare-advantage-and-section-1876-cost-plan-network-adequacy-guidance-12-09-2024.pdf>

# CMS review process

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- CMS is responsible for reviewing MA network submissions to assess adequacy.
  - CMS reviews occur via the Health Plan Management System (HPMS) at the MA contract level and against an entire contract's service area
  - Timing of CMS reviews varies:
    - For new D-SNPs or D-SNPs applying for expanded service areas, reviews occur as part of the MA application process.
    - For D-SNPs with the same service areas as the prior year, CMS reviews occur on a triennial basis and after specific triggering events.
- MA applicants may request exceptions via HPMS using an exceptions template.

# Promoting network alignment

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- When states establish D-SNP-only contracts using the pathway provided at 42 CFR 422.107(e), CMS can review and evaluate the D-SNP's provider network specific to the D-SNPs offered under the contract.
  - This facilitates CMS collaboration with the state on certain requests for an exception to the network adequacy criteria.
- States can also add requirements to their state Medicaid agency contracts (SMAC) with their D-SNPs to improve Medicare and Medicaid alignment of provider networks and promote access to care.

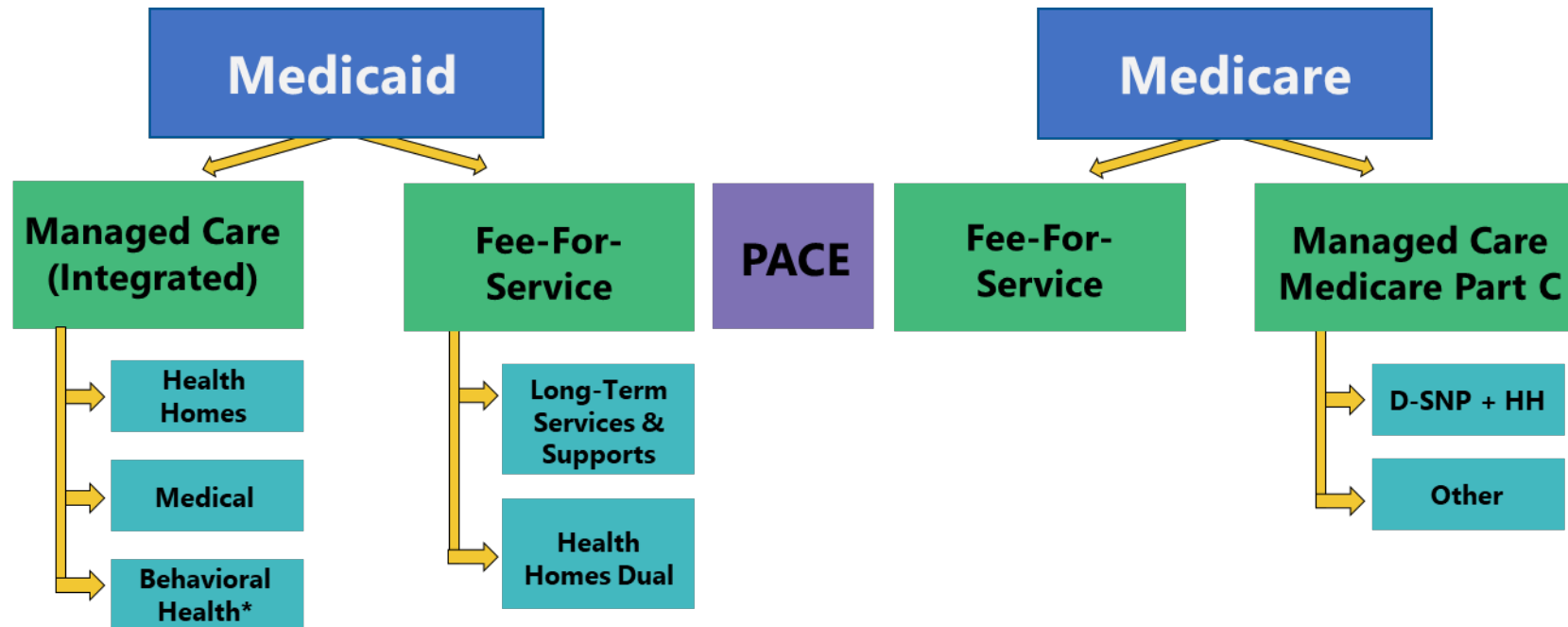
# Network Alignment

Washington State  
Apple Health Medicare Connect (DSNP)

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&  
Johnny Shults, Strategic Design Unit Manager, HCA

# Washington Delivery System Landscape



\*Behavioral health only enrollment for duals.

# Vision for the State of Washington

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Seamless Access



Better Care Coordination



Increased Enrollment in Integrated Programs



Improved Health Outcomes

# Why We Established Requirements

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- ▶ In 2022 the State of Washington evaluated issues with clients transitioning from Medicaid to Medicare and determined that following problems existed:
  - ▶ Beneficiaries transitioning to a Medicare D-SNP were at risk of losing their established provider network
  - ▶ Beneficiaries did not know which providers accepted Medicare Advantage for each plan offering
  - ▶ Other Issues: Referral or Prior Auth hassles across plans; Gap in Care Coordination
- ▶ To address these issues, the State decided to make changes to the 2023 SMAC to require alignment of the Medicaid & Medicare Advantage and focus in on CC.
- ▶ For integrated care to work aligned networks and cross system coordination – critical stepping stones

# Key Changes to the SMAC

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## ▶ 2023

- ▶ Added: 95% of provider types for the Medicaid Network must also accept Medicare Advantage members.
  - ▶ This is measured against all provider types listed on the CMS Health Services Delivery (HSD) table.

## ▶ 2024

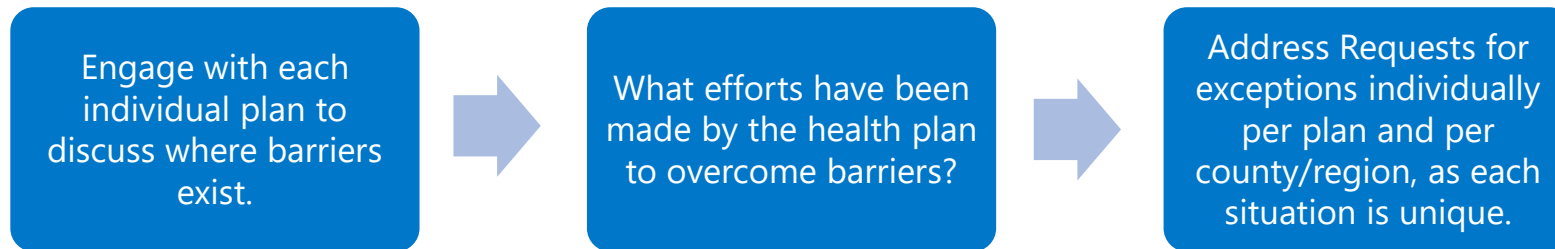
- ▶ Lowered Network Alignment requirement from 95% to 80% as we learned more about challenges.
  - ▶ Maintained a threshold of 95% Network Alignment to conduct default enrollment activities.

## ▶ 2027

- ▶ Remove 95% threshold for default to support plan alignment.
  - ▶ 80% network alignment threshold required to conduct default enrollment.
- ▶ Move to increased oversight

# Oversight

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## Barriers

- ▶ Network Adequacy
- ▶ Rates are Proprietary
- ▶ Medicare Advantage Landscape is confusing, for both the providers and beneficiaries
- ▶ Timeliness of next Medicaid Procurement

# Next Steps (1 of 3)

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- ▶ D-SNPs will provide Quarterly Reports to the State to demonstrate alignment
- ▶ The State will remove the requirement for 95% to conduct default enrollment to support changes in enrollment requirements for 1/2027
- ▶ HCA & DSHS continue to meet with DSNPs to address alignment barriers.

## Lessons Learned

- ▶ The importance of Collaboration
- ▶ Support Network Alignment early in the process
- ▶ Take the time to Clarify Reporting expectations upfront
- ▶ Continue to support the health plans through the work



# Questions?

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# Discussion

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# Discussion questions

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- What questions do you have about implementing provider network alignment requirements for D-SNPs?
- Does your state use D-SNP provider network alignment requirements to advance integration goals and/or improve D-SNP integration?
  - If so, have there been any challenges with overseeing these requirements? Have you seen any effect on enrollee care experiences?
- What other resources or support do you need in this area?

# Next steps (2 of 3)

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## Next steps (3 of 3)

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- Send updates/changes in state D-SNP points of contact to [ICRC@mathematica-mpr.com](mailto:ICRC@mathematica-mpr.com)
- Send feedback or topics/questions for future calls to [ICRC@mathematica-mpr.com](mailto:ICRC@mathematica-mpr.com)

# ICRC Is Here to Help

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**Interested in advancing integration?  
ICRC is available to provide one-on-one technical  
assistance to states seeking to better integrate care for  
their dually eligible populations.**

**Email [ICRC@mathematica-mpr.com](mailto:ICRC@mathematica-mpr.com)**

# Thank you!

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